# Making the Case for Health with Media Advocacy

CLOCC Quarterly Meeting Chicago, IL, September 14, 2011

# berkeley studiesgroup

Fernando Quintero, BA

- Research on news coverage of public health issues
- Media advocacy training and strategic consultation for community groups and public health advocates
- Professional education for journalists

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### Goals Today

- Understand the news media's role in shaping debates on community health;
- •Recognize the value of engaging the news media strategically to support advocacy goals;
- •Introduce opportunities to engage the news media to advance your advocacy goals



### Key Functions of the News

Setting the Agenda



What we think about

Shaping the Debate



How we think about it

Reaching Opinion Leaders



What we do about it



### Media Advocacy Definition

Media advocacy is the **strategic** use of mass media to **support** community organizing to **advance** a social or public policy initiative.



### Media Advocacy Allies

- Civic leaders and elected officials
- Community activists and organizations
- Health departments and researchers
- Businesses and professional associations
- Medical providers and institutions



### Media Advocacy Comparison

#### Brand X Media

Individual focus

Warns & Informs

Personal Change

Message

Information Gap

### Media Advocacy

Issue focus

Pressures & Mobilizes

Policy Change

Voice

Power Gap



### The Media Context



#### P&G's \$100M Pantene push mimics rival



PROCTER & GAMBLE CO.'s category-leading Pantene will take a page from rival Kao Brands' play book with the \$100 million launch of Pantene Expressions. The 18-item line of color-specific shampoos and conditioners start hitting stores late this year and roll out fully Feb. 7. Pantene Expressions will come for brunettes, blondes and redheads.
Retail buyers see it as a knockoff of
Rad's John Frieda brand, with its
Sheer Blonde and Brilliant Brunette
lines and which will get a sibling
ange for redheads by early next year.
P&G has shown great interest in tive et

packaging copy is virtually identical to the Frieda products.

P&C will make Expressions probably the best-supported hair-care launch of 2005, with one retail executive estimating marketing support

said. P26G declined to correment.

Partene, handled by Grey Global Group. New York, has fared well,
ever gained shure, amid orslaughts
in recent years from Unilever's
to Down and L'Oreal's Garnier Fructis.
But other Pace I brands, particularly
att those acquired in the Claired acquiattion from Bristol-Myers. Squibb
as in 2001, have lost share for two

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ny too hot dorsers are likely to er cleer of Kobe for nile PAGE 16

Not hot enough Garfield: Kerry drops the ball-again-in latest campaign ad PAGE 53

Not Gard the Carm



## Layers of Strategy

- Overall strategy
- Media strategy
- Message strategy
- Access strategy



### Developing Strategy

- •What is the problem or issue?
- •What is the solution or policy?
- •Who has the power to make the necessary change?
- •Who must be mobilized to apply the necessary pressure?
- •What do the targets need to hear?



## Framing

#### RREVENTION WODKS

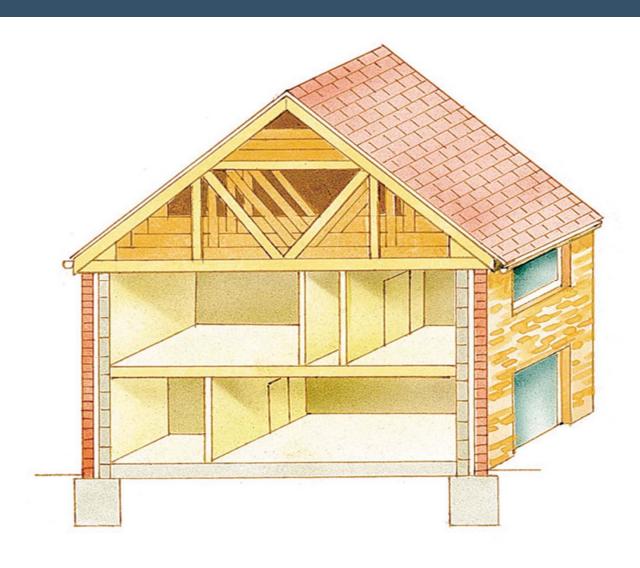


## Framing

## BBFYFNTJQN WQPKS

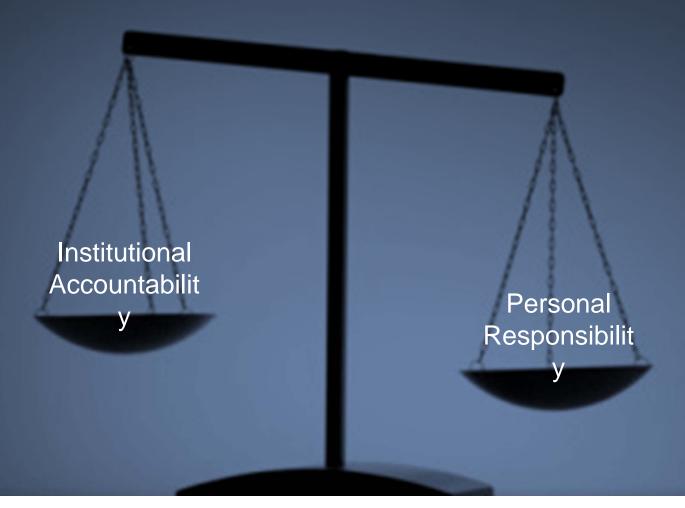


### Frames as Mental Structures





### The Need to Reframe





### The Media Context

### Chicago Tribune | TRIB



The obesity epidemic: Can parents say 'no?'





### Tips for Reframing

- Translate individual problem to social issue
- Assign primary responsibility
- Present solution
- Advocate for policy
- Develop story elements



### Developing Story Elements:

- Identify a range of authentic voices.
- Develop media bites.
- Use compelling visuals and symbols.
- Calculate social math.



## Authentic Voices



**Photo: Newsone.com** 



### Media Bites

- Having a no-smoking section in a restaurant is like having a no-peeing section in a swimming pool.
- Adding apples to Happy Meals is like wrapping cigarettes in lettuce.
- Kids need sports, not sports drinks.



### Visuals



"The icon of trust."



### Social Math

"1000 people quit smoking everyday -- by dying.

That is the equivalent to 2 fully loaded jumbo jets crashing every day with no survivors."

- American Cancer Society

"The tobacco industry spends more money promoting smoking in a week than the entire federal government spends on preventing smoking in a year."

- Center for Health Improvement



### Getting Attention

"To gain the media's attention, you can't just say something; you have to DO something."

Russell Sciandra
Director of the Tobacco-Free New York



### General Tactics

- Community organizing & policy development
- Monitoring the media & developing a press list
- Using Editorial pages
- Creating news
- Using breaking news
- Paid advertising



### Media Advocacy Lessons

#### Develop strategy:

- Message is never first or foremost.
- Know what you want & how to get it.
- Not news for news' sake.

#### Frame the debate:

- Illustrate the landscape.
- Connect your values to solutions.



### **Evaluating Your Media Efforts**

- How did you do? Did you do what you intended?
- Was your issued covered by the news media that your target sees, listens to or reads?
- Was your story told in the way you had hoped?
- Have you become a source for the journalist?
- Did your media work help you build community support for the overall program goal?



available at www.bmsg.org/tools.php



#### FRAMING BRIEF

#### Making the Case for Breastfeeding: The Health Argument Isn't Enough

JULY 2010

m April 12, 2010, the San Francisco Chronicle printed two letters to the edit

Make it easier for new moms Billions of dollars saved by something that is essentially free—breast-feeding—should be a no-brainer ("Breast-feeding for 6 months can save lives, money," April 5).

Most moms would do this if it were easy. As a breast-feeding mother and a doctor working with children full time, I can say breast-feeding is not easy. Even with California laws that try to provide protected time and places to pump breast milk. Wy does it feel as it would be easier to take a smoking break than a pumping !\*\*

The benefits of breast-feeding are clear. We need to implement existing laws. Each workplace should identify a place and a time for its breastfeeding employees. Bostoom line: Our society and the workplace need to embrace the idea that women who work will breast-feed. We will all benefit.

-Holly Martin, MD, San Francisco

The many advantages of breast-feeding The study that breast-feeding would save lives and money is an excellent discussion that bring light to the significant health and cost benefits of breast-feeding.

Scudy after study has shown that breasts are best. However, many women who are capable of breast-feeding choose not to do so because they do not quite see the tremendous advantages of breast-feeding that cannot be accomplished through formula feeding.

As a student nurse and funcer midwle, I am passionate above encouraging and empowering passionate above encouraging with empowering make an informed choice to breast feed if they make an informed choice to breast feed if they expect pickly encourage to a ration that excourage support pickly encourage to breast-feed from day support pickly encourage to breast-feed from the to have been as the pickly encourage to have been as the pickly encourage to the pickl

-- Deana Harris, student nurse, UC

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### Thank you!

Fernando Quintero, BA quintero@bmsg.org

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