## ADOLESCENT HEALTH NETWORK

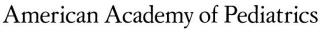
## SUCCESSES IN ADOLESCENT HEALTH:

# Tools and Techniques to Support Pregnant and Parenting Young People in Breastfeeding

MONDAY, AUGUST 15, 2016







DEDICATED TO THE HEALTH OF ALL CHILDREN"



**ENDING POVERTY** 





U.S. Department of Health and Human Services, Health Resources and Services Administration, Office of Regional Operations – Region V







Formerly Illinois Maternal & Child Health Coalition

## **ADOLESCENT HEALTH NETWORK**

The views expressed during today's session are those of the presenters. They do not necessarily reflect the views of the Office of the Assistant Secretary for Health or the U.S. Department of Health and Human Services.

## ADOLESCENT HEALTH NETWORK

A forum to information-share about challenges faced and successful policies, programs, and practices in adolescent services.

### Listserv:

Send an e-mail to <u>LISTSERV@LIST.NIH.GOV</u> with only this text in the message body:

subscribe REGION-V-ADOLESCENTHEALTHNETWORK "your name"

## **Example text:**

subscribe REGION-V-ADOLESCENTHEALTHNETWORK Jane Doe

## U.S. Preventive Services Task Force Recommendation



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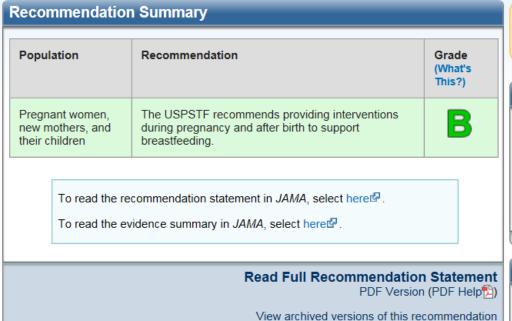
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#### Breastfeeding: Primary Care Interventions

Release Date: October 2016



Read the Full Recommendation Statement



#### **Supporting Documents**

- Final Research Plan
- Final Evidence Review ☑ PDF Version (PDF Helpth)
- Evidence Summary PDF Version (PDF Helpth)

#### **Clinical Summary**

Clinical summaries are one-page documents that provide guidance to primary care clinicians for using

https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal /breastfeeding-primary-care-interventions

## **ADOLESCENT HEALTH NETWORK**

## PATIENT PROTECTION AND AFFORDABLE CARE ACT

Health benefits & coverage:

Breastfeeding benefits - <a href="https://www.healthcare.gov/coverage/breast-feeding-benefits/">https://www.healthcare.gov/coverage/breast-feeding-benefits/</a>

Preventive health services – <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>

## **NATIONAL BREASTFEEDING HELPLINE:**

## 800-994-9662



Office on Women's Health, U.S. Department of Health and Human Services



Call the OWH HELPLINE: 800-994-9662 9:00 a.m. - 6:00 p.m. Monday through Friday ET

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#### About Us

This information in Spanish (en español)

### Health information by phone

#### How to reach us

Phone: 800-994-9662

Hours: Monday through Friday, 9 a.m. to 6 p.m., EST. (closed on federal

holidays)

Our helplines are here to help connect you with information and resources to answer your health questions. We cannot provide a medical diagnosis or answer medical questions, but we can help you learn more. All medical questions should be directed to a doctor or nurse.

Our information specialists are trained to handle relay calls for those who use relay services. If you call after hours, you will be given the option to leave a message. An information and referral specialist or breastfeeding peer counselor will return your call on the next business day.





http://www.hhs.gov/ash/oah



Led by the HHS Office of Adolescent Health (OAH), **TAG** is a national call to action to improve adolescent health in the U.S. TAG specifically aims to reach and engage a wide array of professionals who touch adolescents' lives, as well as parents and adolescents themselves. It includes both protective and behavioral risk factors and emphasizes building on young people's strengths.

## TAG highlights Five Essentials for Healthy Adolescents:

- 1. Positive connections with supportive people
- 2. Safe and secure places to live, learn, and play
- 3. Access to high-quality, teen-friendly health care
- 4. Opportunities for teens to engage as learners, leaders, team members, and workers
- 5. Coordinated, adolescent- and family-centered services

## http://www.hhs.gov/ash/oah/tag

## SUCCESSES IN ADOLESCENT HEALTH:

# Tools and Techniques to Support Pregnant and Parenting Young People in Breastfeeding

- National Breastfeeding Month <a href="http://www.usbreastfeeding.org/NBM">http://www.usbreastfeeding.org/NBM</a>
- 4<sup>th</sup> Annual Black Breastfeeding Week (Aug. 25-31) http://blackbreastfeedingweek.org/
- Surgeon General's Call to Action to Promote
  Breastfeeding 5 Year Anniversary
  <a href="http://www.surgeongeneral.gov/library/calls/breastfeeding">http://www.surgeongeneral.gov/library/calls/breastfeeding</a>





CHICAGO DEPARTMENT OF PUBLIC HEALTH

HOME RESOURCES

CITY SERVICES

CONTACT





There are services to help give babies and new mothers the best start possible.

http://www.healthychicagobabies.org/